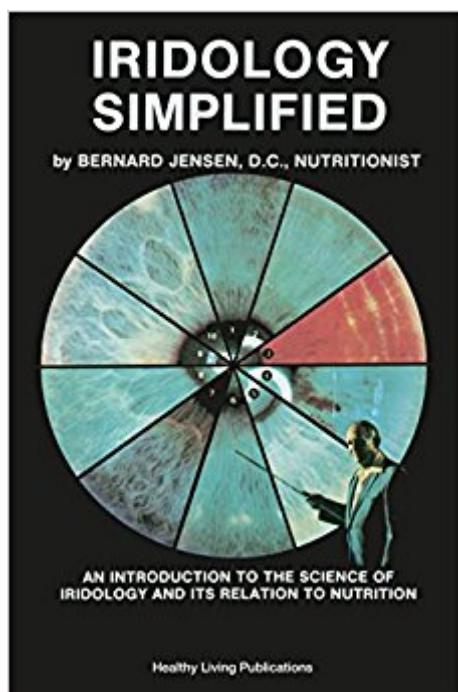


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# Iridology Simplified: An Introduction To The Science Of Iridology And Its Relation To Nutrition



## **Synopsis**

Bernard Jensen, who pioneered Iridology in the United States, presents a basic introduction to this science which analyzes the delicate structures of the iris to reveal and locate inflammation in the body. Readers are given an explanation of how the chart works, including detailed illustrations of iris topography showing individual systems charts, and over two dozen color photographs of irises diagnosing stages of different ailments. This book supports Jensen's belief that iridology is an important element in the total, holistic health care program.

## **Book Information**

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## **Customer Reviews**

Bernard Jensen spent over sixty years as a pioneer in the holistic health field and operated his own health sanitariums in Altadena and Escondido, California, for over forty years. Jensen wrote and published over forty books including The Science and Practice of Iridology, Volume 1, which quickly became a classic in the field and established him as one of the world's top authorities on the subject. In 1953 he was awarded the International Iridology Gold Medal in San Remo, Italy, and in 1982 he received the National Health Federation's Pioneer Doctor of the Year award.

As a 'Starters' book it is enough to whet your appetite and get you going on the main details of the Eye. Iridology studies the SOFT TISSUE of the Pupil and Iris of a person, which can detail exactly what is 'awry' in the human body. EVERYONE should learn this and treat themselves accordingly with the correct fruit and herbs. The idea to look in to this, for me, came from Dr Robert Morse, a

most EXCELLENT Naturopath, who was very good friends with Bernard Jensen. This book is more like a brochure - so the pictures were somewhat disappointing (for me), but as a book to simply start off, it was great. I would always recommend Bernard Jensen's work and this will get you started. However, if you want precise and clear diagrams of the parts of the eye, you need to spend more and find a more comprehensive BOOK on the subject. My eyesight just couldn't deal with the small print in some areas. A good beginners guide though.

Antiquated and so brief. You can read this in one sitting on the toilet. It should be offered for free.

I love this book for beginners. My copy was falling apart and I was so glad to be able to replace it. I trained under Bernard Jensen and he is the best.

This book is a great introduction into iridology. I chose to purchase this book because it was a newer one on the market and I was hoping to gather more updated information on iridology. This book briefly touches on a variety of information on the subject of iridology and at 38ish pages that is all that you can get. I love the pages of the book themselves that have a nice glossy finish to them and the photographs were in color. It was very nicely done. I actually purchased two books, one for me and one to share.

THis is nothing more than a SAMPLE but cost full price; a definition of it is about all you will find! NO CHARTS at all for learning.

Although it is the same content as a print book, on the eReader, the charts and illustrations are simply too small to be useful. It does NOT allow you to click on a chart or graph to enlarge it - it is a fixed image with extremely small print. Enlarging the text doesn't affect the illustrations. It is simply not suited for ebook reading.

just my opinion. Old needs updating.

Nice overview. Good pictures. A little smaller than I expected, and has some overview of therapies but not clear how therapies are put together. A deeper resource would be needed. However, good overview for the uninitiated!

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